

# AUSTRALIAN PI – SEEBRI® BREEZHALER® (GLYCOPYRRONIUM) POWDER FOR INHALATION IN CAPSULE

## 1 NAME OF THE MEDICINE

*Glycopyrronium bromide is now known as glycopyrrolate.*

## 2 QUALITATIVE AND QUANTITATIVE COMPOSITION

SEEBRI hard capsules are for oral inhalation only. SEEBRI is also supplied with a BREEZHALER inhalation device to permit oral inhalation of the contents of the capsule shell.

Each capsule contains 63 microgram glycopyrronium bromide (glycopyrrolate) equivalent to 50 microgram glycopyrronium.


The delivered dose (the dose that leaves the mouthpiece of the SEEBRI BREEZHALER inhaler) is equivalent to 44 microgram glycopyrronium.

**Excipients:** Lactose monohydrate

For the full list of excipients, see Section 6.1

## 3 PHARMACEUTICAL FORM

Inhalation powder, hard capsule

Transparent orange capsules containing a white powder, with the product code GPL50 printed in black above a black bar and the company logo () printed under a black bar.

## 4 CLINICAL PARTICULARS

### 4.1 THERAPEUTIC INDICATIONS

SEEBRI BREEZHALER is indicated as a once-daily maintenance bronchodilator treatment to relieve symptoms of patients with chronic obstructive pulmonary disease (COPD).

### 4.2 DOSE AND METHOD OF ADMINISTRATION

Dosage

The recommended dosage of SEEBRI BREEZHALER is once-daily inhalation of the content of one 50 µg SEEBRI capsule using the BREEZHALER inhaler.

Method of administration

SEEBRI capsules must be administered only by the oral inhalation route and only using the BREEZHALER inhaler. SEEBRI capsules must not be swallowed.

SEEBRI BREEZHALER is recommended to be administered at the same time of the day each day. If a dose is missed, the missed dose should be taken as soon as possible. Patients should be instructed not to take more than one dose in a day.

SEEBRI capsules must always be stored in the blister to protect from moisture, and only removed IMMEDIATELY BEFORE USE.

Patients who do not experience improvement in breathing should be asked if they are swallowing the medicine rather than inhaling it.

When prescribing SEEBRI BREEZHALER patients should be instructed on correct use of the inhaler.

#### Patients with Renal Impairment

SEEBRI BREEZHALER can be used at the recommended dose in patients with mild to moderate renal impairment. In patients with severe renal impairment or end-stage renal disease requiring dialysis SEEBRI BREEZHALER should be used only if the expected benefit outweighs the potential risk. (see Section 4.4).

#### Patients with Hepatic Impairment

No specific studies have been conducted in patients with hepatic impairment. SEEBRI BREEZHALER is predominantly cleared by renal excretion and therefore no major increase in exposure is expected in patients with hepatic impairment.

#### Geriatric patients

SEEBRI BREEZHALER can be used at the recommended dose in elderly patients 75 years of age and older.

### **4.3 CONTRAINDICATIONS**

Hypersensitivity to any ingredients of the preparation.

SEEBRI capsules contain lactose. Therefore, patients with rare hereditary problems of galactose intolerance, severe lactase deficiency or glucose-galactose malabsorption should not take this medicine.

### **4.4 SPECIAL WARNINGS AND PRECAUTIONS FOR USE**

#### **Not for acute use**

SEEBRI BREEZHALER is a once-daily long-term maintenance treatment and is not indicated for the treatment of acute episodes of bronchospasm, i.e. as a rescue therapy.

#### **Hypersensitivity**

Immediate hypersensitivity reactions have been reported after administration of SEEBRI BREEZHALER. If signs suggesting allergic reactions occur, in particular, angioedema (including difficulties in breathing or swallowing, swelling of the tongue, lips, and face), urticaria, or skin rash, SEEBRI BREEZHALER should be discontinued immediately and alternative therapy instituted.

### **Paradoxical bronchospasm**

As with other inhalation therapy, administration of SEEBRI BREEZHALER may result in paradoxical bronchospasm that may be life-threatening. If paradoxical bronchospasm occurs, SEEBRI BREEZHALER should be discontinued immediately and alternative therapy instituted.

### **Anticholinergic effect**

Like other anticholinergic drugs, SEEBRI BREEZHALER should be used with caution in patients with narrow-angle glaucoma or urinary retention.

Patients should be advised about signs and symptoms of acute narrow-angle glaucoma and should be informed to stop using SEEBRI BREEZHALER and to contact their doctor immediately should any of these signs or symptoms develop.

Prescribers and patients should be alert for signs and symptoms of prostatic hyperplasia or bladder-neck obstruction (e.g., difficulty passing urine, painful urination). Instruct patients to consult a doctor immediately should any of these signs or symptoms develop.

### **Use in hepatic impairment**

No specific studies have been conducted in patients with hepatic impairment. SEEBRI BREEZHALER is predominantly cleared by renal excretion and therefore no major increase in exposure is expected in patients with hepatic impairment.

### **Use in renal impairment**

For patients with severe renal impairment (estimated glomerular filtration rate below 30mL/min/1.73m<sup>2</sup>) including those with end-stage renal disease requiring dialysis, SEEBRI BREEZHALER should be used only if the expected benefit outweighs the potential risk (see Section 5). These patients should be monitored closely for potential adverse drug reactions.

### **Use in the elderly**

SEEBRI BREEZHALER can be used at the recommended dose in elderly patients 75 years of age and older.

### **Paediatric use**

SEEBRI BREEZHALER should not be used in patients under 18 years of age, COPD is an indication of adults only.

### **Effects on laboratory tests**

No data available.

## **4.5 INTERACTIONS WITH OTHER MEDICINES AND OTHER FORMS OF INTERACTIONS**

The co-administration of SEEBRI BREEZHALER with inhaled anticholinergic-containing drugs has not been studied and is therefore, like for other anticholinergics, not recommended.

Concomitant administration of SEEBRI BREEZHALER and orally inhaled indacaterol, a beta<sub>2</sub>-adrenergic agonist, under steady-state conditions of both drugs did not affect the pharmacokinetics of either drug.

In a clinical study in healthy volunteers, cimetidine, an inhibitor of organic cation transport which is thought to contribute to the renal excretion of glycopyrronium, increased total exposure (AUC) to glycopyrronium by 22% and decreased renal clearance by 23%. Based on the magnitude of these changes, no clinically relevant drug interaction is expected when SEEBRI BREEZHALER is co-administered with cimetidine or other inhibitors of the organic cation transport.

*In vitro* studies showed that SEEBRI BREEZHALER is not likely to inhibit or induce the metabolism of other drugs, nor processes involving drug transporters. Metabolism in which multiple enzymes are involved, plays a secondary role in the elimination of glycopyrronium (see Section 5.2). Inhibition or induction of metabolism of glycopyrronium is unlikely to result in a relevant change of systemic exposure to the drug.

## **4.6 FERTILITY, PREGNANCY AND LACTATION**

### **Effects on fertility**

Male and female fertility were unaffected in rats given glycopyrronium bromide (glycopyrrolate) by subcutaneous administration at doses up to 1.5 mg/kg/day (yielding plasma AUC levels approximately 900-times [males] and 500-times [females] that of humans at the maximum recommended clinical dose of 50 µg). Slight inhibition of ovulation (decreased corpora lutea) and increased pre-implantation loss were evident at this highest dose, but not at 0.5 mg/kg/day (relative exposure based on AUC, 162).

### **Use in pregnancy – Pregnancy Category B3**

No clinical data on exposed pregnancies in COPD patients are available. Glycopyrronium bromide (glycopyrrolate) was not teratogenic in rats or rabbits following inhalational administration at doses up to 3.05 and 3.5 mg/kg/day in the respective species (yielding plasma AUC values 730-times and 250-times higher than in patients at the maximum recommended human dose. Decreased birth weight and postnatal body weight gain were observed in the offspring of rats given the drug by subcutaneous administration at 1.5 mg/kg/day during gestation and lactation; there was no effect at 0.5 mg/kg/day (estimated relative exposure, 162). Glycopyrronium bromide (glycopyrrolate) and its metabolites did not significantly cross the placental barrier of pregnant mice, rabbits and dogs. In human parturients undergoing Caesarean section, 86 minutes after a single intramuscular injection of 0.006 mg/kg glycopyrronium bromide (glycopyrrolate), umbilical plasma concentrations were low. As there is no adequate experience in pregnant women, SEEBRI BREEZHALER should only be used during pregnancy if the expected benefit to the patient justifies the potential risk to the fetus.

### **Use in lactation**

It is not known whether glycopyrronium bromide (glycopyrrolate) passes into human breast milk. However, glycopyrronium bromide (including its metabolites) was excreted into the milk of lactating rats up to 10-fold higher concentrations in the milk than in the blood of the dam and inhibition of postnatal bodyweight gain was observed in the species (see *Use in pregnancy*). The use of

SEEBRI BREEZHALER by breast-feeding women should only be considered if the expected benefit to the woman is greater than any possible risk to the infant.

#### 4.7 EFFECTS ON ABILITY TO DRIVE AND USE MACHINES

The effects of this medicine on a person's ability to drive and use machines were not assessed as part of its registration.

#### 4.8 ADVERSE EFFECTS (UNDESIRABLE EFFECTS)

##### Summary of the safety profile

The safety and tolerability of SEEBRI BREEZHALER has been explored at the recommended dose of 50 µg once-daily in 1353 COPD patients. Of these, 842 patients have been treated for at least 26 weeks, and 351 patients for at least 52 weeks. There are no safety data beyond 1 year of treatment.

The safety profile is characterized by symptoms related to the anticholinergic effect including dry mouth while other gastrointestinal effects and signs of urinary retention were infrequent. Adverse drug reactions related to local tolerability included throat irritation, nasopharyngitis, rhinitis and sinusitis. At the recommended dose SEEBRI BREEZHALER is devoid of effects on blood pressure or heart rate.

##### Tabulated summary of adverse drug reactions from clinical trials

Adverse drug reactions reported during the first 6 months of two pooled pivotal Phase III trials of 6- and 12-months duration are listed by MedDRA system organ class (Table 1). Within each system organ class, the adverse drug reactions are ranked by frequency, with the most frequent reactions first. Within each frequency grouping, adverse drug reactions are presented in order of decreasing seriousness. In addition, the corresponding frequency category for each adverse drug reaction is based on the following convention (CIOMS III): very common ( $\geq 1/10$ ); common ( $\geq 1/100$  to  $< 1/10$ ); uncommon ( $\geq 1/1,000$  to  $< 1/100$ ).

**Table 1 Adverse drug reactions in pooled COPD safety database**

<b>Adverse drug reactions</b>	<b>Glycopyrronium bromide (glycopyrrolate) 50µg once daily n=1075 N (%)</b>	<b>Placebo n=535 N (%)</b>	<b>Frequency category</b>
<b>Gastrointestinal disorders</b>			
- Dry mouth	26 (2.4)	6 (1.1)	common
- Gastroenteritis	15 (1.4)	5 (0.9)	common
- Dyspepsia	8 (0.7)	2 (0.4)	uncommon
- Dental caries	4 (0.4)	0 (0)	uncommon
<b>Psychiatric disorders</b>			
- Insomnia	11 (1.0)	4 (0.8)	common
<b>Musculoskeletal and connective tissue disorders</b>			
- Pain in extremity	10 (0.9)	1 (0.2)	uncommon

<b>Adverse drug reactions</b>	<b>Glycopyrronium bromide (glycopyrrolate) 50µg once daily n=1075 N (%)</b>	<b>Placebo n=535 N (%)</b>	<b>Frequency category</b>
- Musculoskeletal chest pain	8 (0.7)	3 (0.6)	uncommon
<b>Skin and subcutaneous tissue disorders</b>			
- Rash	10 (0.9)	2 (0.4)	uncommon
<b>General disorders and administration site conditions</b>			
- Fatigue	9 (0.8)	3 (0.6)	uncommon
- Asthenia	8 (0.7)	2 (0.4)	uncommon
<b>Respiratory, thoracic and mediastinal disorders</b>			
- Sinus congestion	8 (0.7)	2 (0.4)	uncommon
- Productive cough	7 (0.7)	1 (0.2)	uncommon
- Throat irritation	6 (0.6)	1 (0.2)	uncommon
- Epistaxis	3 (0.3)	1 (0.2)	uncommon
<b>Infections and infestations</b>			
- Rhinitis	8 (0.7)	2 (0.4)	uncommon
- Cystitis	3 (0.3)	0 (0)	uncommon
<b>Metabolism and nutrition disorders</b>			
- Hyperglycaemia	8 (0.7)	2 (0.4)	uncommon
<b>Renal and urinary disorders</b>			
- Dysuria	7 (0.7)	1 (0.2)	uncommon
- Urinary Retention	2 (0.2)	0 (0)	uncommon
<b>Cardiac disorders</b>			
- Atrial fibrillation	6 (0.6)	0 (0)	uncommon
- Palpitations	2 (0.2)	0 (0)	uncommon
<b>Nervous system disorders</b>			
- Hypoaesthesia	6 (0.6)	0 (0)	uncommon

In the 12-month study the following additional adverse drug reactions were more frequent on SEEBRI BREEZHALER than on placebo: nasopharyngitis (9.0 vs 5.6%), vomiting (1.3 vs 0.7%), musculoskeletal pain (1.1 vs 0.7%), neck pain (1.3 vs 0.7%), diabetes mellitus (0.8 vs 0%).

#### **Adverse drug reactions from spontaneous reports and literature cases (frequency not known)**

The following adverse drug reaction has been reported with SEEBRI BREEZHALER in post-marketing experience. Because these reactions are reported voluntarily from a population of uncertain size, it is not possible to reliably estimate their frequency which is therefore categorized as not known. Adverse drug reactions are listed according to system organ classes in MedDRA. Within each system organ class, ADRs are presented in order of decreasing seriousness.

## **Adverse drug reactions from spontaneous reports (frequency not known)**

**Immune system disorders:** Angioedema; hypersensitivity

**Respiratory, thoracic and mediastinal disorders:** Paradoxical bronchospasm, dysphonia

**Skin and subcutaneous tissue disorders:** Pruritus

### **Description of selected adverse drug reactions**

The most common anticholinergic adverse reaction was dry mouth. The majority of the reports of dry mouth were suspected to be drug related and of mild degree, none was severe. Rash was uncommon and generally mild.

### **Special populations**

In elderly patients above 75 years of age the frequency of urinary tract infection and headache were higher on SEEBRI BREEZHALER than on placebo, with 3.0 versus 1.5% and 2.3 versus 0%, respectively.

Reporting suspected adverse reactions after registration of the medicinal product is important. It allows continued monitoring of the benefit-risk balance of the medicinal product. Healthcare professionals are asked to report any suspected adverse reactions at [www.tga.gov.au/reporting-problems](http://www.tga.gov.au/reporting-problems).

## **4.9 OVERDOSE**

High doses of glycopyrronium may lead to anticholinergic signs and symptoms for which symptomatic treatment may be indicated.

In COPD patients, repeated orally inhaled administration of SEEBRI BREEZHALER at total doses of 100 and 200 µg once-daily for 28 days were well tolerated.

Acute intoxication by inadvertent oral ingestion of SEEBRI BREEZHALER capsules is unlikely due to the low oral bioavailability (about 5%).

Peak plasma levels and total systemic exposure following i.v. administration of 150 µg glycopyrronium bromide (equivalent to 120 µg glycopyrronium) in healthy volunteers were respectively about 50-fold and 6-fold higher than the peak and total systemic exposure at steady-state achieved with the recommended dose (50 µg once-daily) of SEEBRI BREEZHALER and were well tolerated.

For information on the management of overdose, contact the Poisons Information Centre on 13 11 26 (Australia).

## **5 PHARMACOLOGICAL PROPERTIES**

### **5.1 PHARMACODYNAMIC PROPERTIES**

Pharmacotherapeutic group: anticholinergics, ATC code: R03BB06

## **Mechanism of action**

SEEBRI BREEZHALER is an inhaled long-acting muscarinic receptor antagonist (anti-cholinergic) for once-daily maintenance bronchodilator treatment of COPD. Parasympathetic nerves are the major bronchoconstrictive neural pathway in airways, and cholinergic tone is the key reversible component of airflow obstruction in COPD. SEEBRI BREEZHALER works by blocking the bronchoconstrictor action of acetylcholine on airway smooth muscle cells thereby dilating the airways.

Of the five known muscarinic receptor subtypes (M1-5), only subtypes M1-3 have a defined physiological function in the human lung. Glycopyrronium bromide (glycopyrrolate) is a high affinity muscarinic receptor antagonist of these three receptor subtypes. It demonstrated 4- to 5-fold selectivity for the human M3 and M1 receptors over the human M2 receptor in competition binding studies. It has a rapid onset of action as evidenced by observed receptor association/dissociation kinetic parameters and the onset of action after inhalation in clinical studies.

The long duration of action can be partly attributed to sustained drug concentrations in the lungs as reflected by the prolonged terminal elimination half-life of glycopyrronium after inhalation via the SEEBRI BREEZHALER inhaler in contrast to the half-life after i.v. administration (see Section 5.2). Lung pharmacokinetic data in rats following inhalation of glycopyrronium bromide (glycopyrrolate) provides further evidence for this.

## **Pharmacodynamic effects**

### **Primary Pharmacodynamic Effects**

SEEBRI BREEZHALER provided consistently significant improvement in lung function (as measured by the forced expiratory volume in one second, FEV<sub>1</sub>) over 24 hours in a number of clinical pharmacodynamic and efficacy trials.

In the pivotal studies there was a rapid onset of action within 5 minutes after inhalation of SEEBRI BREEZHALER, with an increase in FEV<sub>1</sub> relative to baseline ranging from 0.091 L to 0.094 L. During the first 4 hours after drug administration bronchodilation was significantly greater with SEEBRI BREEZHALER than with the long-acting muscarinic antagonist tiotropium, the treatment difference ranged from 0.030 L to 0.068 L. The bronchodilator effect of SEEBRI BREEZHALER was sustained over 24 hours. There was no evidence for tachyphylaxis to the bronchodilator effect after repeated dosing for up to 52 weeks.

### **Secondary Pharmacodynamic Effects**

The effect on heart rate and QTc interval of glycopyrronium bromide (glycopyrrolate) 150 µg (equivalent to 120 µg glycopyrronium) administered intravenously was investigated in young healthy subjects. Peak exposures (C<sub>max</sub>) about 50-fold higher than after inhalation of SEEBRI BREEZHALER 50 µg at steady state were achieved and did not result in tachycardia or QT(c) prolongation. Negligible signs of bradycardia were observed (mean difference over 24 h -2 bpm when compared to placebo), which is a known effect of low exposures to anticholinergic compounds in young healthy subjects. In a thorough QT study in 73 healthy volunteers, a single inhaled dose of SEEBRI BREEZHALER 352 micrograms (8 times the therapeutic dose) did not prolong the QTc interval and slightly reduced heart rate (maximal effect 5.9 bpm; average effect over 24 hours 2.8 bpm) when compared to placebo. No



changes in heart rate or QT(c) interval were observed with SEEBRI BREEZHALER 200 µg in COPD patients.

### **Clinical trials**

The SEEBRI BREEZHALER Phase III clinical development program consisted of two key efficacy and safety studies (a 6-month placebo-controlled study and a 12-month placebo and active-controlled study) which enrolled 1888 patients with a clinical diagnosis of COPD, who were 40 years old or older, had a smoking history of at least 10 pack years, had a post-bronchodilator FEV<sub>1</sub> <80% and ≥30% of the predicted normal value and a post-bronchodilator FEV<sub>1</sub>/FVC ratio of less than 70%. Efficacy and safety of SEEBRI BREEZHALER beyond 1 year has not been evaluated.

### **Lung function**

In these studies, SEEBRI BREEZHALER, administered at 50 microgram once-daily showed clinically meaningful improvements in lung function (as measured by the forced expiratory volume in one second, FEV<sub>1</sub>) over 24 hours. At the 12-week primary endpoint (24-hour trough FEV<sub>1</sub>), SEEBRI BREEZHALER provided bronchodilation benefits of 0.108 L and 0.097 L compared to placebo (p<0.001) for the 6- and 12-month study respectively. In the latter study, the improvement vs. placebo for the open-label tiotropium 18 microgram once-daily arm was 0.083 L (p < 0.001).

In both studies SEEBRI BREEZHALER demonstrated a rapid onset of bronchodilator effect. In the 6-month study the increase in FEV<sub>1</sub> was 0.093L compared to placebo at 5 minutes, increasing to 0.144L at 15 minutes after the first dose. In the 12-month study the increase in FEV<sub>1</sub> was 0.087 L at 5 minutes and 0.143L at 15 minutes after the first dose compared to placebo (p<0.001). In the 12-month study, SEEBRI BREEZHALER also produced statistically significant improvements in FEV<sub>1</sub> compared to tiotropium in the first 4 hours after dosing on day 1 by 0.056L (p < 0.001) and at week 26 by 0.050L (p=0.005), and numerically greater values for FEV<sub>1</sub> in the first 4 hours after dosing than tiotropium at week 12 (0.030L) and week 52 (0.015L).

In the pivotal studies there was a rapid onset of action within 5 minutes after inhalation of SEEBRI BREEZHALER, with an increase in FEV<sub>1</sub> relative to baseline ranging from 0.091L to 0.094L.

The improvements in mean trough FEV<sub>1</sub> observed at the primary endpoint (12 weeks) were maintained throughout treatment in both the 6- and 12-months studies. Mean trough FEV<sub>1</sub> was increased by 0.113L at week 26 in the 6-month study and 0.108L at week 52 in the 12-month study, compared to placebo. These data indicate that the 24-hour bronchodilator effect of SEEBRI BREEZHALER was maintained from the first dose throughout a one-year period.

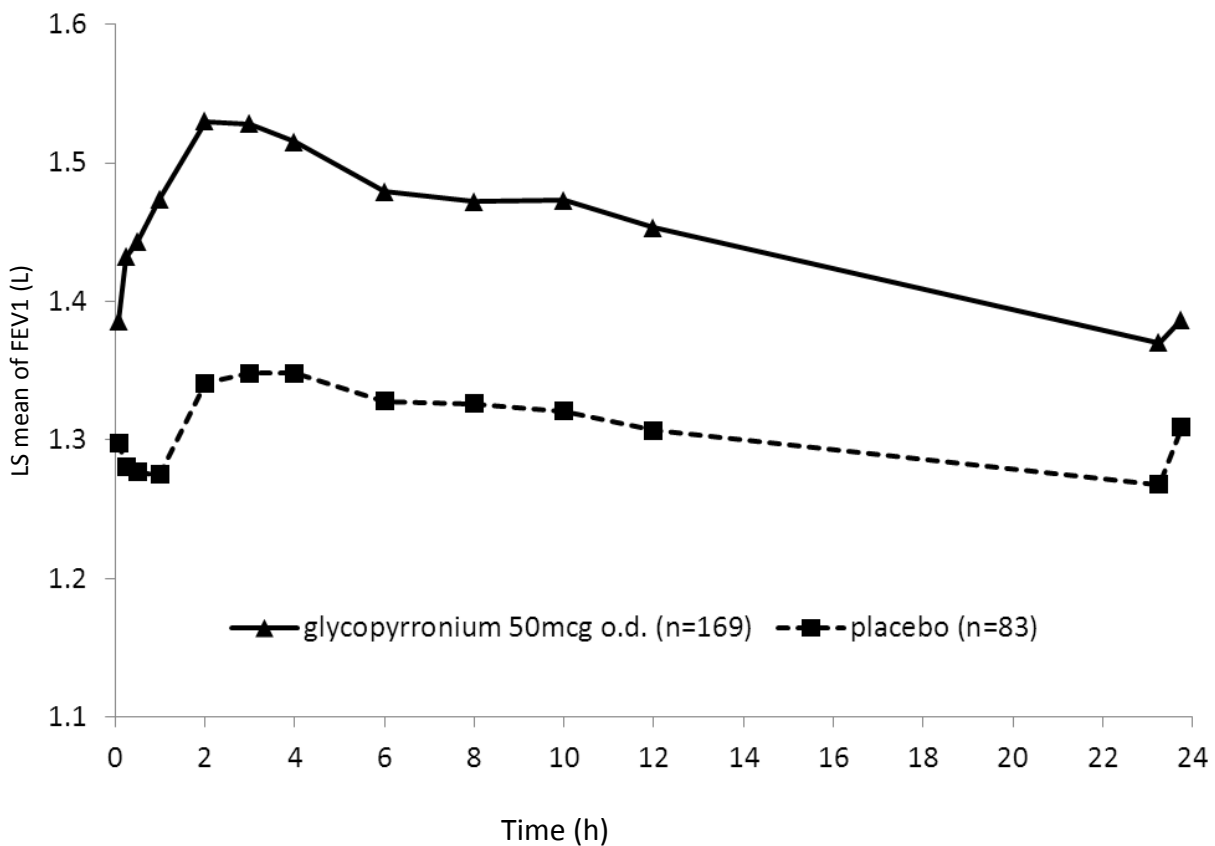
In the 6-month study serial spirometry was performed on Day 1 (Figure 1), Week 12 (Figure 2) and Week 26. In the 12 month study serial spirometry was performed on Day 1 (Figure 3), Week 12 (Figure 4) and Week 52.

Serial spirometry data was used to calculate FEV<sub>1</sub> standardized (for time) area under the curve (AUC). In the 6-month study for FEV<sub>1</sub> AUC 0-24h SEEBRI BREEZHALER provided a benefit of 0.133L and 0.199L compared to placebo at Week 12 and Week 26 respectively (p<0.001). In the 12-month study at Week 12, SEEBRI BREEZHALER provided a benefit of 0.106L for FEV<sub>1</sub> AUC 0-24h (p<0.001) compared to

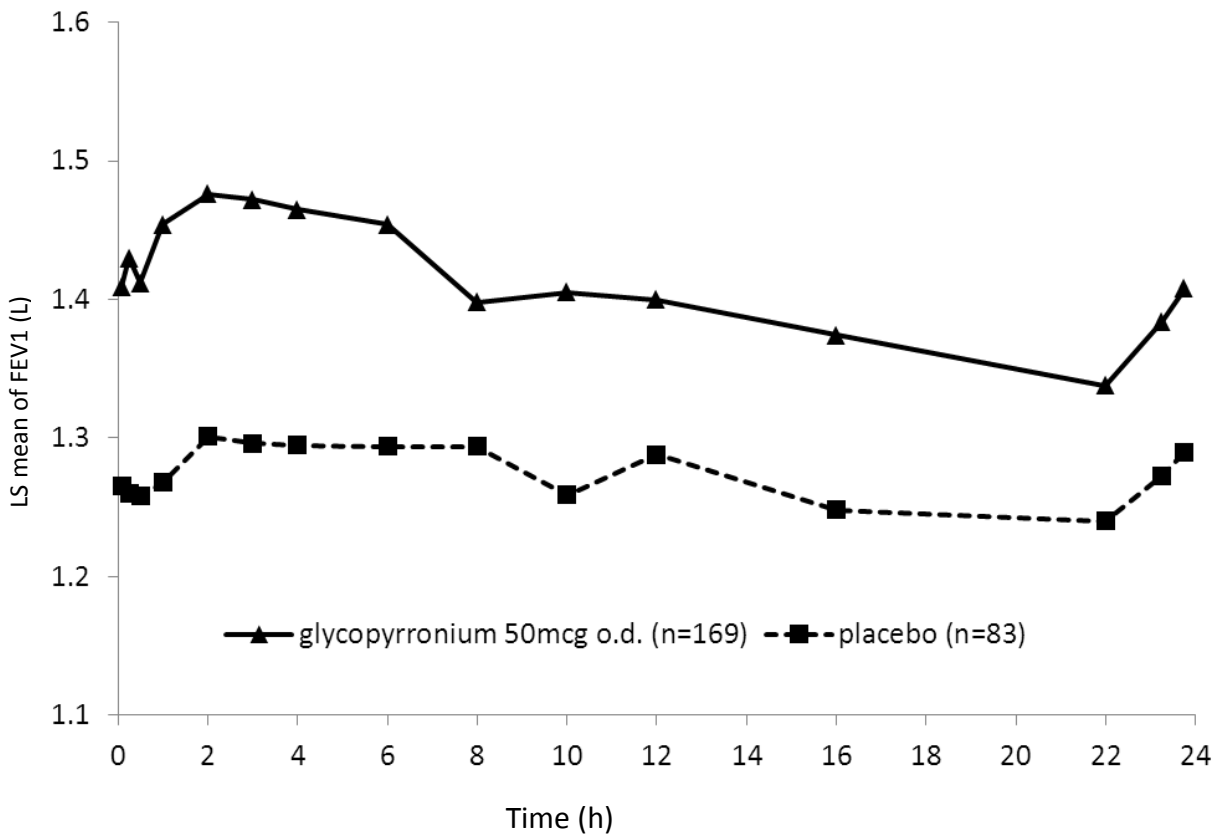
placebo; for tiotropium the treatment difference was 0.079L compared to placebo ( $p=0.014$ ). At Week 52 in the 12-month study SEEBRI BREEZHALER provided a benefit of 0.106L for FEV<sub>1</sub> AUC 0-24h compared to placebo ( $p<0.001$ ); for tiotropium the treatment difference compared to placebo was 0.040L ( $p=0.279$ ).

The magnitude of the bronchodilator effect with SEEBRI BREEZHALER was dependent on the degree of reversibility of airflow limitation at baseline (tested by administration of a short-acting muscarinic antagonist bronchodilator): Patients with the lowest degree of reversibility at baseline (<5%) generally exhibited a lower bronchodilator response than patients with a higher degree of reversibility at baseline ( $\geq 5\%$ ). At 12 weeks (primary endpoint), SEEBRI BREEZHALER increased trough FEV<sub>1</sub> by 0.072L in patients with the lowest degree of reversibility (<5%) and by 0.113L in those patients with a higher degree of reversibility at baseline ( $\geq 5\%$ ) compared to placebo (both  $p<0.05$ ). Similar findings were observed with patients receiving tiotropium. Following 12 weeks treatment with tiotropium, patients with the lowest degree of reversibility at baseline (<5%) were found to have an increase in trough FEV<sub>1</sub> of 0.059L compared to placebo, while those patients with a higher degree of reversibility at baseline ( $\geq 5\%$ ) were found to have an increase in trough FEV<sub>1</sub> of 0.097 L compared to placebo.

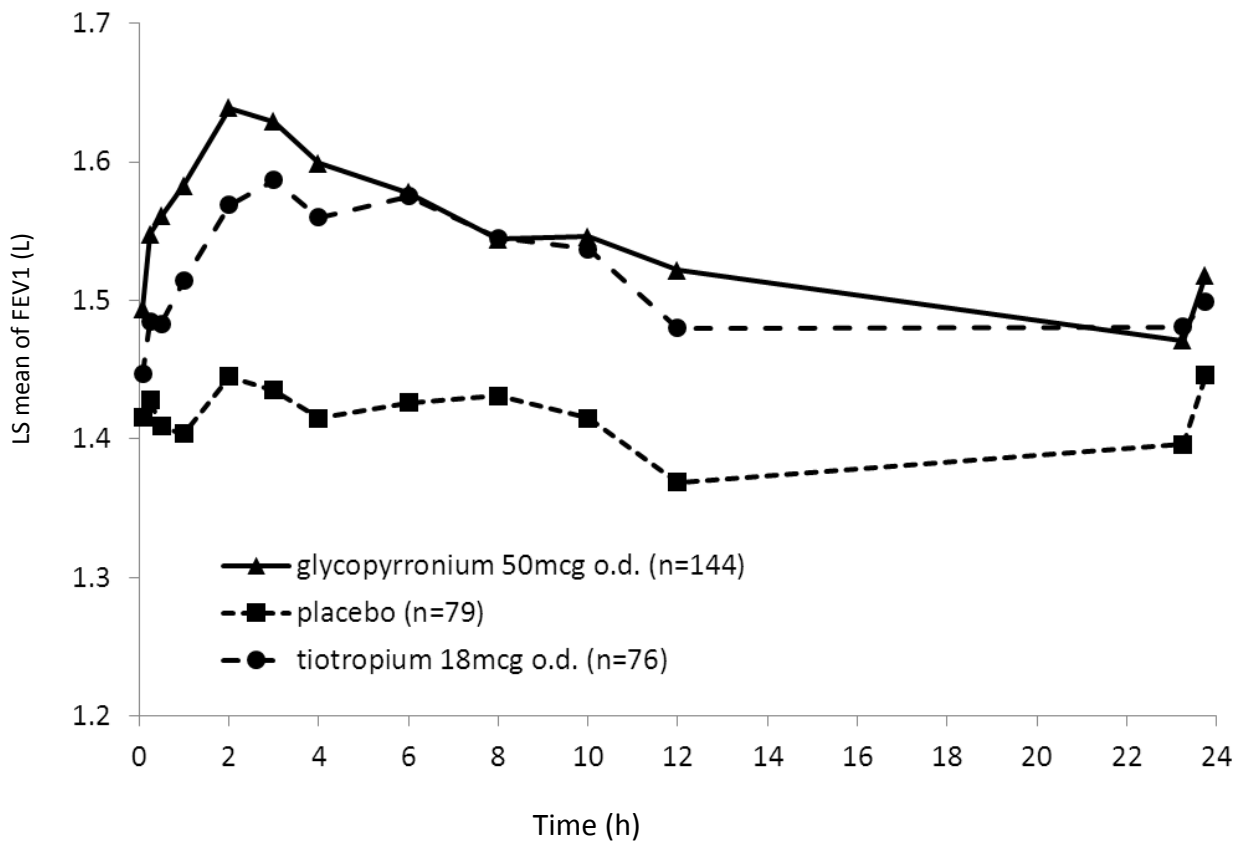
**Figure 1** Six-month pivotal study: Serial spirometry data (least square means of FEV<sub>1</sub> (L)) after first dose



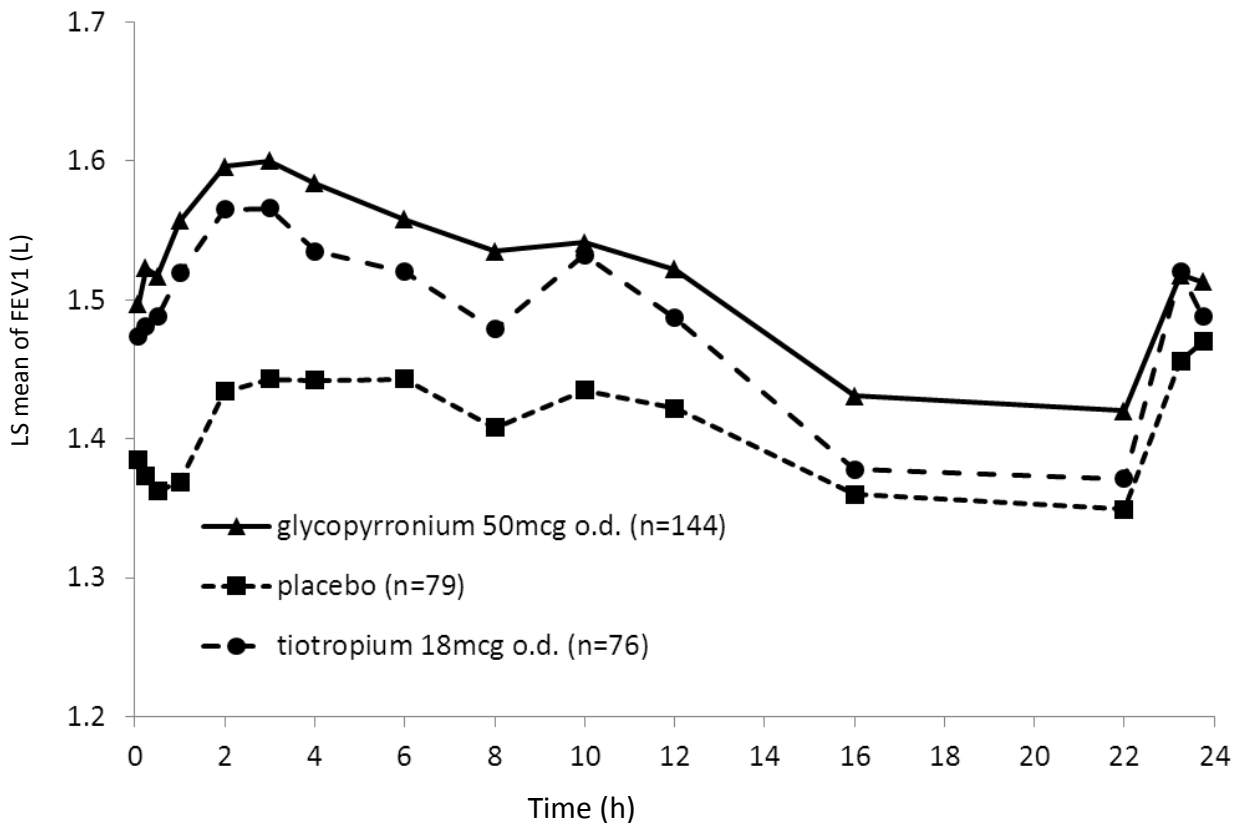
**Figure 2** Six-month pivotal study: Serial spirometry data (least square means of FEV<sub>1</sub> (L)) at week 12



**Figure 3** Twelve-month pivotal study: Serial spirometry data (least square means of FEV<sub>1</sub> (L)) after first dose



**Figure 4** Twelve-month pivotal study: Serial spirometry data (least square means of FEV<sub>1</sub> (L)) at week 12



In addition to demonstrating improvements in FEV<sub>1</sub>, SEEBRI BREEZHALER consistently improved forced vital capacity (FVC) and inspiratory capacity (IC) in the two pivotal studies. At Week 12 SEEBRI BREEZHALER was shown to increase mean trough FVC by 0.194L and 0.183L compared to placebo ( $p < 0.001$ ) in the 6- and 12-month studies respectively. SEEBRI BREEZHALER improved trough IC at Week 12 by 0.097L and 0.129L ( $p < 0.001$ ) compared to placebo in the 6- and 12-month studies, respectively.

### Symptomatic benefit

SEEBRI BREEZHALER administered at 50 µg once-daily significantly reduced breathlessness as evaluated by the Transitional Dyspnea Index (TDI). In a pooled analysis of the 6- and 12-month pivotal studies the percentage of patients responding with a clinically meaningful difference of  $\geq 1$  point improvement in the TDI focal score at Week 26 was 58.4% for SEEBRI BREEZHALER compared with 46.4% for patients receiving placebo and 53.4% for patients receiving tiotropium. The differences in responder rates were statistically significant for the comparison of SEEBRI BREEZHALER to placebo ( $p < 0.001$ ) and tiotropium to placebo ( $p = 0.009$ ).

SEEBRI BREEZHALER 50 µg once-daily has also a significant effect on health status measured using the St. George's Respiratory Questionnaire (SGRQ). A pooled analysis of the 6- and 12-month pivotal studies found the percentage of patients responding with a clinically important improvement in the SGRQ total score ( $\leq -4$ ) at Week 26 was 57.8% for SEEBRI BREEZHALER compared with 47.6% for patients receiving placebo and 61.0% for patients receiving tiotropium. The differences in responder

rates were statistically significant for the comparison of SEEBRI BREEZHALER to placebo (<0.001) and tiotropium to placebo (p=0.004).

In a pooled analysis of the 6- and 12-month studies, SEEBRI BREEZHALER 50µg once-daily significantly prolonged the time to first moderate or severe COPD exacerbation and reduced the rate of moderate or severe COPD exacerbations (moderate exacerbations were those requiring treatment with systemic corticosteroids and/or antibiotics, severe exacerbations those resulting in hospitalisation. The proportion of patients with moderate or severe COPD exacerbations in the 26-week pooled analysis was 19.8% for SEEBRI BREEZHALER vs. 27.2% for placebo and the estimated risk ratio for time to moderate or severe exacerbations was 0.64 [95% CI: 0.520, 0.799; p < 0.001], suggesting a 36% risk reduction vs. placebo, similarly the estimated risk ratio for time to first severe exacerbation leading to hospitalization was 0.39 [95% CI: 0.205, 0.728; p = 0.003]. Over the 26-week pooled analysis the exacerbation rate was statistically significantly lower for patients treated with SEEBRI BREEZHALER compared to those treated with placebo, the rate ratio being 0.66 ([95% CI: 0.525, 0.841; p < 0.001]).

SEEBRI BREEZHALER 50µg once-daily significantly reduced the use of rescue medication by 0.46 puffs per day (p = 0.005) over 26 weeks and by 0.37 puffs per day (p = 0.039) over 52 weeks compared to placebo for the 6- and 12-month studies, respectively.

The effect of SEEBRI BREEZHALER reducing dynamic hyperinflation and the associated improvements in exercise tolerance were investigated in a randomised, double-blind, placebo-controlled, crossover trial with a treatment duration of three weeks in 108 patients with moderate to severe COPD. SEEBRI BREEZHALER achieved its full effect of improving inspiratory capacity under exercise (0.23L) and has statistically significant effects on exercise endurance of 43 seconds (an increase of 10 %) after the first dose. After three weeks of treatment SEEBRI BREEZHALER improved exercise endurance time by 89 seconds (an increase of 21%) and inspiratory capacity under exercise was increased by 0.20L. SEEBRI BREEZHALER was found to decrease dyspnoea and leg discomfort when exercising as measured using Borg scales. SEEBRI BREEZHALER also reduced dyspnoea at rest measured using the Transitional Dyspnoea Index.

## **5.2 PHARMACOKINETIC PROPERTIES**

### **Absorption**

Following oral inhalation using the SEEBRI BREEZHALER inhaler, glycopyrronium was rapidly absorbed and reached peak plasma levels at 5 minutes post dose.

The absolute bioavailability of glycopyrronium inhaled via SEEBRI BREEZHALER inhaler was estimated to be about 40%. About 90% of systemic exposure following inhalation is due to lung absorption and 10% is due to gastrointestinal absorption. The absolute bioavailability of orally administered glycopyrronium was estimated to be about 5%.

Following repeated once-daily inhalation in patients with COPD, PK steady-state of glycopyrronium was reached within one week of treatment. The steady-state mean peak and trough plasma concentrations of glycopyrronium for a 50 µg once-daily dosing regimen were 166 pg/mL and 8 pg/mL, respectively. With once-daily doses of 100 and 200 µg, steady-state exposure to glycopyrronium (AUC over the dosing interval) was about 1.4-to 1.7-fold higher than after the first dose. Urinary excretion

data at steady-state compared to the first dose suggest that systemic accumulation is independent of dose in the dose range of 25 to 200 µg.

### **Distribution**

After i.v. dosing, the steady-state volume of distribution ( $V_{ss}$ ) of glycopyrronium was 83 L and the volume of distribution in the terminal phase ( $V_z$ ) was 376 L. The apparent volume of distribution in the terminal phase following inhalation ( $V_z/F$ ) was 7310 L, which reflects the much slower elimination after inhalation. The *in vitro* human plasma protein binding of glycopyrronium was 38% to 41% at concentrations of 1 to 10 ng/mL. These concentrations were at least 6-fold higher than the steady state mean peaks levels achieved in plasma for a 50 µg once-daily dosing regimen.

### **Metabolism**

*In vitro* metabolism studies showed consistent metabolic pathways for glycopyrronium bromide (glycopyrrolate) between animals and humans. No human specific metabolites were found. Hydroxylation resulting in a variety of mono- and bis-hydroxylated metabolites and direct hydrolysis resulting in the formation of a carboxylic acid derivative (M9) were seen.

*In vitro* investigations showed that multiple CYP isoenzymes contribute to the oxidative biotransformation of glycopyrronium. The hydrolysis to M9 is likely to be catalyzed by members from the cholinesterase family.

After inhalation, systemic exposure to M9 was on average in the same order of magnitude as the exposure to the parent drug. Since *in vitro* studies did not show lung metabolism and M9 was of minor importance in the circulation (about 4% of parent drug  $C_{max}$  and AUC) after i.v. administration, it is assumed that M9 is formed from the swallowed dose fraction of orally inhaled glycopyrronium bromide (glycopyrrolate) by pre-systemic hydrolysis and/or via first pass metabolism. After inhalation as well as i.v. administration, only minimal amounts of M9 were found in the urine (i.e.  $\leq 0.5\%$  of dose). Glucuronide and/or sulfate conjugates of glycopyrronium were found in urine of humans after repeated inhalation, accounting for about 3% of the dose.

*In vitro* inhibition studies demonstrated that glycopyrronium bromide (glycopyrrolate) has no relevant capacity to inhibit CYP1A2, CYP2A6, CYP2C8, CYP2C9, CYP2C19, CYP2D6, CYP2E1 or CYP3A4/5, the efflux transporters MDR1, MRP2 or MXR, and the uptake transporters OCT1 or OCT2. *In vitro* enzyme induction studies did not indicate a clinically relevant induction by glycopyrronium bromide (glycopyrrolate) for any of the cytochrome P450 isoenzymes tested as well as for UGT1A1 and the transporters MDR1 and MRP2.

### **Excretion**

After i.v. administration of [ $^3H$ ]-labelled glycopyrronium bromide (glycopyrrolate) to humans, the mean urinary excretion of radioactivity in 48 h amounted to 85% of the dose. A further 5% of the dose was found in the bile. Thus, mass balance was almost complete.

Renal elimination of parent drug accounts for about 60 to 70% of total clearance of systemically available glycopyrronium whereas non-renal clearance processes account for about 30 to 40%. Biliary clearance contributes to the non-renal clearance, but the majority of non-renal clearance is thought to be due to metabolism.

Following inhalation of single and repeated once-daily doses between 50 and 200 µg glycopyrronium by healthy volunteers and patients with COPD mean renal clearance of glycopyrronium was in the range of 17.4 and 24.4 L/h. Active tubular secretion contributes to the renal elimination of glycopyrronium. Up to 20% of the dose was found in urine as parent drug.

Glycopyrronium plasma concentrations declined in a multi-phasic manner. The mean terminal elimination half-life was much longer after inhalation (33 to 57 hours) than after intravenous (6.2 hours) and oral (2.8 hours) administration. The elimination pattern suggests a sustained lung absorption and/or transfer of glycopyrronium into the systemic circulation at and beyond 24 h after inhalation.

### **Linearity/non-linearity**

In COPD patients' systemic exposure as well as total urinary excretion of glycopyrronium at pharmacokinetic steady state increased about dose-proportionally over the dose range of 50 µg to 200 µg.

### **Pharmacokinetics in special patient groups**

#### **Patients with hepatic impairment**

Clinical studies in patients with hepatic impairment have not been conducted. Glycopyrronium is cleared predominantly from the systemic circulation by renal excretion (see Section 5.2). Impairment of the hepatic metabolism of glycopyrronium is not thought to result in a clinically relevant increase of systemic exposure.

#### **Patients with renal impairment**

Renal impairment has an impact on the systemic exposure to glycopyrronium bromide (glycopyrrolate). A moderate mean increase in total systemic exposure (AUC<sub>last</sub>) of up to 1.4-fold was seen in subjects with mild and moderate renal impairment and up to 2.2-fold in subjects with severe renal impairment and end stage renal disease. Using a population PK analysis, it was concluded that in COPD patients with mild and moderate renal impairment (estimated glomerular filtration rate eGFR $\geq$ 30 mL/min/1.73m<sup>2</sup>) SEEBRI BREEZHALER can be used at the recommended dose.

#### **Ethnicity**

There were no major differences in total systemic exposure (AUC) between Japanese and Caucasian subjects following inhalation of glycopyrronium bromide (glycopyrrolate). Insufficient PK data is available for other ethnicities or races.

#### **Body weight and age**

A population PK analysis of data in COPD patients identified body weight and age as factors contributing to inter-patient variability in systemic exposure. SEEBRI BREEZHALER 50 µg once-daily can be safely used in all age and body weight groups.

#### **Effects of gender, smoking status and baseline FEV<sub>1</sub>**

Gender, smoking status and baseline FEV<sub>1</sub> had no apparent effect on systemic exposure.

### **5.3 PRECLINICAL SAFETY DATA**

#### **Genotoxicity**

Glycopyrronium bromide (glycopyrrolate) was not genotoxic in assays for bacterial mutagenicity, chromosomal aberrations *in vitro* (human lymphocytes) or *in vivo* clastogenicity (rat bone marrow micronucleus test).

#### **Carcinogenicity**

Carcinogenicity studies of six months duration in transgenic mice (rasH2) using oral administration and 2 years duration in rats using inhalation administration revealed no evidence of carcinogenicity with glycopyrronium bromide (glycopyrrolate). The highest dose levels employed (75 and 100 mg/kg/day in male and female mice and 0.45 mg/kg/day in rats) were associated with systemic exposures (AUC) of approximately 53-fold higher in mice and 79-fold higher in rats than in humans at the maximum recommended dose of 50 µg once-daily. The lung deposited dose in rats (per unit alveolar surface area) was up to almost 200-fold higher than the level anticipated in patients.

## **6 PHARMACEUTICAL PARTICULARS**

### **6.1 LIST OF EXCIPIENTS**

Capsule fill: Lactose monohydrate and magnesium stearate.

Capsule shell components: Hypromellose, purified water, carrageenan, potassium chloride, Sunset Yellow FCF

Printing Ink: Shellac, absolute ethanol, isopropyl alcohol, propylene glycol, butan-1-ol, ammonium hydroxide, potassium hydroxide, purified water, iron oxide black

### **6.2 INCOMPATIBILITIES**

Incompatibilities were either not assessed or not identified as part of the registration of this medicine.

### **6.3 SHELF LIFE**

In Australia, information on the shelf life can be found on the public summary of the Australian Register of Therapeutic Goods (ARTG). The expiry date can be found on the packaging.

### **6.4 SPECIAL PRECAUTIONS FOR STORAGE**

Store below 30°C. Protect from moisture.

### **6.5 NATURE AND CONTENTS OF CONTAINER**

Carton containing 10 SEEBRI capsules and one BREEZHALER inhaler.

Carton containing 30 SEEBRI capsules and one BREEZHALER inhaler.

Multipack comprising 3 packs (each containing 30 SEEBRI capsules and one BREEZHALER inhaler)

**Not all pack sizes may be marketed.**



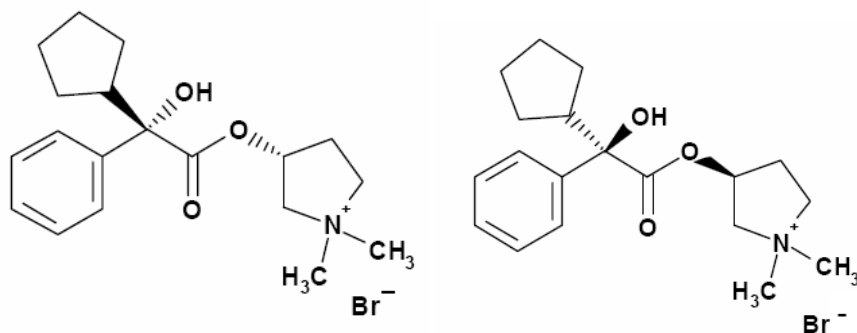
## 6.6 SPECIAL PRECAUTIONS FOR DISPOSAL

In Australia, any unused medicine or waste material should be disposed of by taking to your local pharmacy.

## 6.7 PHYSICOCHEMICAL PROPERTIES

### Chemical structure

$C_{19}H_{28}NO_3 \cdot Br$



[2S, 3R]-stereoisomer

[2R, 3S]-stereoisomer

<b>Chemical name (IUPAC):</b>	3-(2-Cyclopentyl-2-hydroxy-2-phenylacetoxy)-1,1-dimethylpyrrolidinium bromide Pyrrolidinium, 3-[(cyclopentylhydroxyphenylacetyl)oxy]-1,1-dimethyl-, bromide-3-Hydroxy-1,1-dimethylpyrrolidinium bromide $\alpha$ -cyclopentylmandelate
<b>INN/AAN:</b>	Glycopyrronium bromide (glycopyrrolate)
<b>CAS name:</b>	Pyrrolidinium, 3-[(2-cyclopentyl-2-hydroxy-2-phenylacetyl)oxy]-1,1-dimethyl-, bromide (1:1)
<b>CAS no.:</b>	596-51-0
<b>Molecular formula:</b>	$C_{19}H_{28}NO_3 \cdot Br$
<b>Molecular weight:</b>	Salt form: 398.33
<b>Stereochemistry:</b>	2 asymmetric carbon atoms and is an optically inactive racemic mixture of 2 stereoisomers (S,R) and (R,S)
<b>Aqueous Solubility:</b>	At 25°C freely soluble in aqueous media across the pH range from 1 to 10 (water solubility >100 mg/mL)
<b>Partition coefficient:</b>	Distribution coefficient D in Octanol/Water at 37.0 +/- 0.5°C: 0.060 (log D = -1.2)
<b>pKa:</b>	Glycopyrronium bromide (glycopyrrolate) is a quaternary ammonium salt and permanently ionized between pH 1 and 14.

## **7 MEDICINE SCHEDULE (POISONS STANDARD)**

Schedule 4 – Prescription Only medicine

## **8 SPONSOR**

Novartis Pharmaceuticals Australia Pty Limited

ABN 18 004 244 160

54 Waterloo Road

Macquarie Park NSW 2113

® = Registered Trademark

## **9 DATE OF FIRST APPROVAL**

12 November 2012

## **10 DATE OF REVISION**

09 March 2018

### **SUMMARY TABLE OF CHANGES**

<b>Section Changed</b>	<b>Summary of new information</b>
-	PI reformat
-	Dual-label of ingredient name, glycopyrronium bromide (glycopyrrolate)

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Internal document code

(see090318i.doc) based on CDS 19-May-2016.